

Name: _____

Getting Along With Others

Rate yourself on the following scale: *Always, Sometimes, Not so much*

Once complete, establish goals for improvement and determine how to reach those goals.

You use your interpersonal skills to get along with others. Where can you improve?	Always	Some- times	Not So Much
1. When playing, you don't disrupt others.			
2. Join games/fun when invited or ask politely.			
3. Share without being asked.			
4. Follow the rules when playing.			
5. Play fair and cooperate.			
6. Handle wins and losses graciously.			
7. Take turns.			
8. Act appropriate even when others do not.			
9. Support and help peers and friends.			
10. Give verbal support as needed.			
11. Help a friend in need.			
12. Join conversations appropriately.			
13. Show respect.			
14. Refrain from interrupting.			
15. Use good sportsmanship.			
16. Use appropriate body language.			
17. Use appropriate language and tone.			
18. Respect the rights of others.			
19. Identify acceptable methods to resolve conflict.			
20. Respect the personal space of others.			
21. Show empathy and know when to show empathy.			
22. Know when to seek guidance in social situations.			