

THINK SHEETS: HOW TO USE EFFECTIVELY

- ◆ It is important to approach the conversation with empathy, understanding, and without placing blame.
- ◆ Create a safe and non-judgemental environment, usually a private location to ensure the child can express themselves without fear or ridicule.
- ◆ Listen fully without interrupting or passing judgement.
- ◆ Use open ended questions vs a question that only required a one word answer.
- ◆ Explain the inappropriate behavior and its impact and discuss alternative perspectives.
- ◆ Guide students towards understanding the impact of their actions.
- ◆ Use a collaborative, problem solving approach engaging the student to find appropriate or alternative solutions.
- ◆ Brainstorm alternative strategies and discuss potential outcomes of each approach.
- ◆ Reinforce positive behaviors and encourage children to learn from their inappropriate actions or choices
- ◆ Always emphasize the importance of treating others with kindness and respect
- ◆ Explain that mistakes are growth for learning.
- ◆ Follow up and monitor progress always reinforcing positive behaviors.

Remember, each student and situation is unique, it is important to tailor your approach accordingly. Building trust and maintaining a respectful dialogue are key to helping students understand and address their inappropriate behaviors effectively.