Sample Paragraphs

Topic Sentence Is:

When you exercise, you improve your overall fitness level. Exercise is also a great way to socialize and meet people who have similar interests. Exercise helps to build stronger bones and a stronger heart. Exercise also improves concentration and academic achievement. I'm glad I spend time exercising every day.

- 1. Write a topic sentence for the above paragraph:
- 2. Does every sentence relate back to the topic sentence?
- 3. Does the final sentence relate back to the topic sentence?
- 4. Write your own paragraph similar to this one.