Mechanical Energy

When you swing a golf club, you give <u>mechanical energy</u> to make the ball move.







the soccer ball, you give mechanical energy to make it move.





the football, you give mechanical energy to make it move.



the ball, you give mechanical energy to make it move.



the hammer, you give mechanical energy to make it move.



your bike, you give mechanical energy to make it move.



the puck, you give mechanical energy to make it move.

