

## Who, What, When, Where Why and How goals.

What is a good goal or goals for you?	Who will help you?
Why is this a good goal for you?	Where will you start Are there changes that you need to implement? Who will help you?
When will you begin working on the goal and when will you achieve it?	
<u>Where</u> will you start? Are there changes that you need to implement?	<b>How</b> will you reach your goal What is in place for any obstacles?
<u>How</u> will you reach your goal? What is in place for any obstacles you might encounter?	

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