

Name: _____

Conflict Resolution

My Profile

How many times a week would you:

_____ See others give dirty looks	_____ See others get very angry
_____ Hear people call others names	_____ See others being physical
_____ Observe other rude behavior (hit, shove, trip...)	

Answer: S for Sometimes, A for Always and N for Never

_____ I prefer to be by myself	_____ I can talk about my feelings
_____ I prefer the company of others	_____ I listen when others talk about their feelings
_____ I stick up for others in need	_____ I'm supportive when others need me
_____ My friends stick up for others in need	_____ I can talk to others in need without hurting their feelings
_____ I don't like to fight	_____ I don't make fun of others
_____ I don't like to see my friends in fights	_____ I make an effort to get along with all of my class mates, not just my friends
_____ In times of arguments, disputes or conflicts, I never judge the person, only what happened	_____ I can express my approval or lack of approval without making value judgements
_____ I don't accept name calling or harassment when I'm present	_____ I expect my friends to make good judgements
_____ I encourage other individuals to talk it out and/or get adult assistance	_____ I strongly feel conflict, arguments and disputes can be talked through successfully
_____ I feel that good problem solving will help to resolve conflict	_____ I remain calm in times of conflict
_____ I can control impulse actions that I may regret	_____ I have a good sense of how others feel
_____ I instigate conflict	_____ I don't hurt the feelings of others
	_____ When I dislike somebody, I rarely show it

What do you feel are your areas of strength and the areas you need to improve upon?